



**All organic meals are cooked on site by our in-house chef (and teacher)! She makes many items from scratch and will be helping in our garden so we have plenty of nutritious and wholesome fresh fruits, vegetables, and herbs for our meals. All meals are served with organic whole milk for children between 1 and 2 and organic fat free milk from children 2 and over. Any and all food restrictions are noted below to ensure your children are healthy and still receiving proper nutrition.**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Organic pumpkin pie oatmeal and Organic bananas	Organic blueberry-coconut Chia & oats bowl	Organic apple cinnamon pancake muffin and Organic apple slices	Organic chive and mustard drop biscuits and Organic grapefruit	Organic pumpkin-cherry breakfast cookie and Organic 100% orange juice
Organic golden round crackers and Organic cucumber slices	Organic Cheese squares and Organic apple slices	Organic cucumber and roasted seaweed cream cheese sandwiches	Organic rice roller and Organic pear slices	Organic animal crackers and Organic frozen yogurt
Organic chicken quesadilla with organic spinach and kale with a side of organic avocado and Organic kiwi	Organic baked potato with organic cheese, sour cream, broccoli, chives and organic turkey bacon and a side of Organic melon	Organic veggie bean chili with broccoli, kale, and carrots with a side of Organic bread rolls and Organic orange slices	Organic grilled cheese on organic whole wheat bread with Organic tomato soup and a side of Organic zucchini slices	Organic BLT with organic turkey bacon, lettuce, tomatoes on organic whole wheat bread with a side of Organic cucumbers and homemade ranch dip
Organic graham crackers and Organic banana/coconut smoothie	Organic pretzels and Organic cheese bites	Organic vanilla chip granola bar and Organic milk	Organic in-house ranch dip and Organic broccoli	Organic aussie bites and Organic milk
*vegan cheese substitute *no chicken in 1 quesadilla/no dairy for 1	*vegan cheese substitute *no sour cream for 1 *substitute for blueberries	*vegan cheese substitute *no dairy for 1 *no cream cheese for 1	*vegan cheese substitute *no ranch dip for 1	*substitute for yogurt for 1 *no ranch dip for 1